

## HOW TO MAKE AN ANNIE'S KINDNESS BLANKET

Step by Step instructions to make a Annie's Kindness Blanket. Fleece comes 60-inches wide, so your blanket should be 60 x 48 and for adults 60 x 72 Your finished product will be about 8 inches smaller than the fabric you start with.

### **Step 1: Choose your Fabric**

Choose a print and a contrasting or matching solid. You will need a solid and a print that are the same size.

### **Step 2: Line Up the Two Fabric Pieces.**

Line up the two fabrics, right sides out. Anti-pill solids are fuzzy on the right side. Anti-pill prints will be more distinct on the front side. Regular prints are hard to tell -- use the side that appeals to you.

### **Step 3: Trim to the Same Size.**

Trim the roughage off all sides and trim the two pieces so that they are the same size.

### **Step 4: Cut Out the Corners**

Cut a 4-inch square from each of the four corners. You can use 4 inch sq. coasters to measure this.

### **Step 5: Cutting the Fringe**

Cut fringe on all four sides of the blanket (or do one side at a time). To do this, cut about 1-inch wide, 4 inches long strips. Cut through both layers of fabric at the same time. No need to measure, just eyeballing it is fine.

### **Step 6: Begin Tying Knots**

Leave your blanket lying flat on the surface, double knot the fringe around the blanket. These knots are called balloon knots. Tie them just like you would if tying off a balloon or like you would tie a knot in a shoelace. Whatever is easier for you.

### **Step 7: Continue Around the Blanket**

Tie all the fringes on all four sides of the blanket.

### **Step 8: Send the blanket to Quality Control person.**

This person checks to make sure no knots were missed, and the roughage was cut off. General quick look-over to make sure the AKB is in good shape to send to someone.

### **Step 9: Iron on Kindness Label.**

Using a piece of parchment paper over the label, iron on (put setting on cotton high temp, no steam) the Kindness Label on a corner of the back of the blanket (whatever corner is fine, and where you think is best). Do not place hot iron on fleece. The fleece will burn. Apply heat with the iron using circular motion. Check every 30 seconds to make sure all of it is ironed down. No corner should be able to be lifted. It should be ironed on in less than 2 min.

### **Step 10: Place in Annie's Kindness Blankets Tote Bag.**

Fold the blanket and place in tote bag. Best way to fold is in 3 equal parts, then fold in the opposite direction in the equal parts. Blanket should lay flat in bag and look presentable.

But most important, have fun, have some great conversations and know that you are helping someone out there not feel so alone in this world.

Thank you!

The Annie's Kindness Blankets Team.